



Longwood Primary School

Policy for Sun Protection

Sunsmart is the national skin cancer prevention campaign run by Cancer Research UK. The Sunsmart schools initiative encourages schools to develop and adopt sun protection policies. They are part of a broader campaign communicating effective skin cancer prevention messages to the general public.

The five key Sunsmart skin cancer prevention messages are:

- Stay in the shade 11-3
- Make sure you never burn
- Always cover up - wear a t-shirt, hat and wraparound sunglasses
- Remember children burn more easily
- Then use factor 15+ sunscreen

As a school staff we will:

- Minimise the risks by limiting the amount of time that pupils are required to spend exposed to the sun.
- Consider the timing of events; the sun's harmful rays are most intense between midday and early afternoon
- When it is hot, keep children out of the sun altogether
- Encourage children to make use of all available shade provided by buildings, trees etc
- Encourage parents to send their children to school with a suitable broad brimmed hat which provides head, face and neck protection from the sun
- Allow pupils to wear sunglasses, bearing in mind, that for safety reasons, eyewear might be inappropriate for certain activities, particularly physical education
- Encourage pupils to wear loose fitting clothing whenever they are not participating in physical activities
- Encourage parents to provide appropriate sunscreen protection for their child.
- Encourage children to drink plenty of water to prevent dehydration